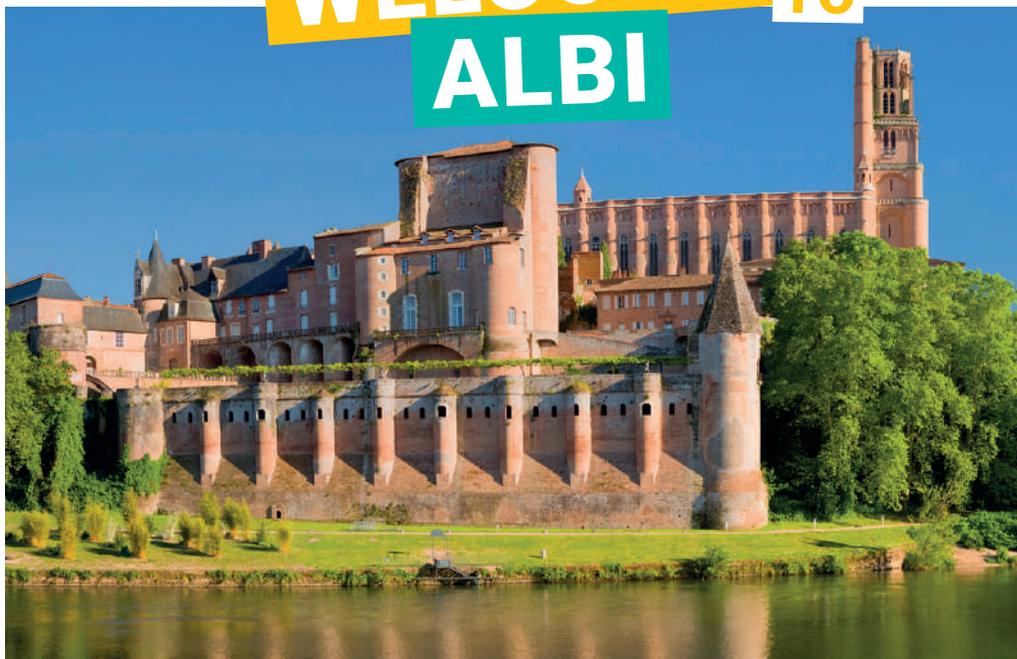


# My City

CAMPUS FRANCE wishes you welcome and offers you some practical information for making your stay in Albi as easy as possible.

## WELCOME TO ALBI



CAMPUS FRANCE  
campusfrance.org



## TO WELCOME YOU /

There are several different systems and services for welcoming you and helping you in your administrative procedures when you arrive:

### Discover the reception facilities in Albi:

<https://www.campusfrance.org/fr/villes>

- ◆ Welcome desk – Toulouse – 41 allée Jules Guesdes 31000 Toulouse – [toulbox@univ-toulouse.fr](mailto:toulbox@univ-toulouse.fr) [www.univ-toulouse.fr](http://www.univ-toulouse.fr)  
Services provided by the Prefecture, the CAF and the CROUS.

Two services are available for welcoming you in all the Universities and Higher Education Schools:

### The International Relations Service:

reception and guidance office

### The Educational Service:

inscription and administrative procedures office

You can also consult the website [etudiant.gouv.fr](http://etudiant.gouv.fr)

## FINDING ACCOMMODATION /

### FOR SEVERAL DAYS:

- ◆ Youth hostels: [www.aubergesdejeunesse.com](http://www.aubergesdejeunesse.com)

### FOR LONGER PERIODS:

- ◆ **The CROUS** – Centre Régional des Œuvres Universitaires et Scolaires (Regional Centre for University or College Activities): 58 rue du Taur 31000 Toulouse – [www.crous-toulouse.fr](http://www.crous-toulouse.fr)

More accommodation solutions in private homes, intergenerational accommodation and flat-sharing, both short and long duration, available on the Campus France website: <https://www.campusfrance.org/fr/logement-etudiant-en-France>

- ◆ **Need a guarantor?** Visale is a free guarantee arrangement; don't hesitate to request one on [www.visale.fr](http://www.visale.fr)
- ◆ **CAF:** La Caisse des Allocations Familiales (French family allowance fund) can evaluate your rights to APL (Personal Accommodation Assistance) 0810 29 29 29 – [www.caf.fr](http://www.caf.fr)

## TRAVEL

Public transport in and around Albi:

### Albi urban district bus services:

[www.grand-albigeois.fr](http://www.grand-albigeois.fr)

### Regional Express Trains:

<https://www.sncf.com/fr/offres-voyageurs/carte-et-tarifs-ter>

### Carpooling:

<https://www.blablacar.fr>

- ◆ **If you need accommodation suitable for disabled persons**, contact the CROUS Social Service or visit the student services' office in your educational establishment.

- ◆ **Home insurance:** a tenant's risk guarantee is compulsory. A home insurance contract can be drawn up with your bank or a private insurer and on-line subscriptions are often possible:

<https://www.lmde.fr/services/assurance/offres-assurances>

[www.assistance-etudiants.com](http://www.assistance-etudiants.com)

[www.assurances-etudiants.com](http://www.assurances-etudiants.com)

## YOUR BANK ACCOUNT /

If you are staying in France for over 3 months, we strongly recommend you to open a bank account. A large number of traditional and on-line banks are available.

### OPENING A BANK ACCOUNT IS A RIGHT:

[www.service-public.fr/particuliers/vosdroits](http://www.service-public.fr/particuliers/vosdroits)



## RESIDENCE PERMIT /

- ◆ **OFII** Office français de l'Immigration et de l'intégration (French Immigration & Integration Office): [www.ofii.fr](http://www.ofii.fr) – 7, rue Arthur Rimbaud 31200 Toulouse – Metro La Vache 05 34 41 72 20 – [toulouse@ofii.fr](mailto:toulouse@ofii.fr)
- ◆ You have just arrived in France with a VLS-TS long-stay students' visa. You must validate it at the OFII within three months of your arrival in France.
- ◆ Algerian students, you must make an initial application for a residence permit directly at Prefecture Services.
- ◆ Renewing a Residence permit: any application for renewal must be made at least 2 months before the date of expiry of your existing permit.

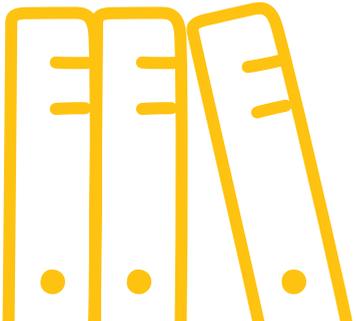
Ask for information at the Prefecture du Tarn or on its website: <http://www.tarn.gouv.fr>

For more information on your rights and duties, visit: [www.service-public.fr/particuliers/vosdroits/N110](http://www.service-public.fr/particuliers/vosdroits/N110)

## UNIVERSITY INSCRIPTION /

You possess a letter of pre-inscription. Take care! This does not mean that you are already registered! You must validate your inscription with the admissions service of your establishment when you arrive.

- ◆ French Government grant holders: you are exempted from paying inscription fees at the university.
- ◆ **CVEC** Whether or not you are exempt, you must download your proof of payment of student and campus charges **before enrolling in your institute** by connecting to <https://cvec.etudiant.gouv.fr/> For more information, please go to: <https://www.campusfrance.org/fr/recherche?text=cvec>



## HEALTH INSURANCE AND MEDICAL CARE /

Affiliation to a health insurance scheme is compulsory via the web site [www.ameli.fr](http://www.ameli.fr). You will find all necessary details on: <https://www.campusfrance.org/fr/sante-securite-sociale-etudiants>

- ◆ **Service Universitaire de Médecine Préventive et de Promotion de la Santé** (SIMPPS or Inter-university Preventive Medicine and Health Promotion Service) 2 avenue Maréchal Franchet d'Esperey – Albi 81000 – +33 (0)5 63 48 64 41 <https://www.univ-jfc.fr/vie-etudiante/aides-sociales-et-sante>  
Consultations free-of-charge. Personal advice, questions of health: a team of doctors, nurses and social workers is present to help you complete your studies under the best possible conditions.

## LANGUAGE COURSES /

French Foreign Language Centres (FLE) and universities offer French courses for all levels throughout the year.

Look for the formula that suits you best: <http://ecolesdete.campusfrance.org>

## SOCIAL AND CULTURAL LIFE /

You will find a large number of activities at reduced prices for students in your city or your establishment. Here are a number of examples:

- ◆ **Associations:**  
Cultural and sports events or even social actions. There are many active student associations: [www.animafac.net](http://www.animafac.net) – [www.letudiant.fr](http://www.letudiant.fr) [www.ixesn.fr](http://www.ixesn.fr) – [www.univ-jfc.fr/associations/afev](http://www.univ-jfc.fr/associations/afev)  
- **INTERNATION'ALB:** create a relationship with French students: [www.univ-jfc.fr/associations/internationalbi](http://www.univ-jfc.fr/associations/internationalbi)  
- **ACTA**, PhD and post-graduate association of the Albi-Carmaux College of Mining  
- **Carré Public**, Youth services dedicated to students: <http://www.mairie-albi.fr/le-carr%C3%A9-public>

- ◆ **Employment and internship:** [www.cidj.com](http://www.cidj.com) – [www.jobaviz.fr](http://www.jobaviz.fr) [www.letudiant.fr](http://www.letudiant.fr)
- ◆ **Culture:**  
The city of Albi proposes a large number of activities: theatre, museums and cinema. Take the time you need for getting all the information you require: [www.mairie-albi.fr](http://www.mairie-albi.fr) [www.albi-tourisme.fr](http://www.albi-tourisme.fr)  
- **Museums:** special rates for students and under 26-year-olds: [www.museetoulouselautre.net](http://www.museetoulouselautre.net)  
- **Concerts, Opera:** free-of-charge events and special rates: [www.infoconcert.com](http://www.infoconcert.com)  
- **Cinema:** special rates for students and under 26-year-olds. Benefit cards: [www.sn-albi.fr/cinema.php](http://www.sn-albi.fr/cinema.php)  
- **Theatre:** [www.81.agendaculturel.fr](http://www.81.agendaculturel.fr)

- **Media Library:**  
free subscription for students  
- Bookshops: buy books second-hand and re-sell them before leaving: Librairie Guillot 21 Lices Georges Pompidou 81000 Albi – 05 63 54 18 49

- ◆ **Sport and leisure:**  
Colleges and Universities can also offer special access to different sports activities: [www.univ-jfc.fr](http://www.univ-jfc.fr)
- ◆ **Main annual events:**  
The "Albyrinthe" discovery rally [www.mairie-albi.fr](http://www.mairie-albi.fr)  
Films under the Stars [mediatheques.grand-albigeois.fr](http://mediatheques.grand-albigeois.fr)  
- SEPTEMBER:  
National Heritage Days [www.journeesdupatrimoine.fr](http://www.journeesdupatrimoine.fr)  
The European Museum Night

- OCTOBER:  
The World Students Night [www.nuitdesetudiantsdumonde.org](http://www.nuitdesetudiantsdumonde.org)  
The Students' week [www.avant-mardi.com/la-semaine-de-letudiant](http://www.avant-mardi.com/la-semaine-de-letudiant)  
- MARCH:  
The Francophonie Week [www.education.gouv.fr/francophonie](http://www.education.gouv.fr/francophonie)  
- APRIL:  
Cartel des Mines: 4-day sports event  
Festival Acthéa <http://acthea.bde-emac.fr>  
- MAY:  
The European Museum Night [www.nuitdesmusees.fr](http://www.nuitdesmusees.fr)  
- JUNE:  
The Music Festival <https://fetedelamusique.culture.gouv.fr/>  
The Doctoriales' Night [www.univ-toulouse.fr](http://www.univ-toulouse.fr)



Exchange with students on the same course as you. Take part in **theme discussion groups**. Benefit from **cultural outings** just as soon as you arrive in France. Consult **employment offers and courses**.

### SOCIAL NETWORKS



### CAMPUS FRANCE TOULOUSE

41 allée Jules Guesde – GS61321 – 31013 Toulouse Cedex 06 – Metro line B – Palais de Justice station  
Welcome desk from 9:00 am to 12:00 am and from 01:00 pm to 03:30 pm  
Mondays to Fridays by appointment only – 05 61 00 91 28 – [toulouse@campusfrance.org](mailto:toulouse@campusfrance.org)  
CAMPUS FRANCE, 28 rue de la Grange aux Belles 75010 PARIS – 01 40 40 58 58 – [www.campusfrance.org](http://www.campusfrance.org)

### EMERGENCY NUMBERS

**SAMU No. 15\***  
Emergency medical help services.

**Police emergency No. 17\***  
Violence, thefts and burglaries.

**Fire-brigade No. 18\***  
Fires, gas leaks, water damage, natural catastrophes and road accidents.

**Poison control centre No. 05 61 77 74 47**  
Intoxication by food, medication, chemicals (may be caused by a gas) or natural products (may be caused by a plant or an animal).

**European emergency number No. 112\***  
Situations requiring an ambulance, the fire-brigade or the police. Available free-of-charge throughout the European Union from fixed or cellular phones. **This number does not replace national emergency numbers.**  
\* Free-call numbers